What does the Holy Spirit do for us?



A famous doctor once conducted a series of autopsies in which he made a stunning observation. Here is how it happened. He had carefully examined the body of a convicted murderer when he noticed a connection to the body of a convicted thief. The two individuals had the exact same internal problem. It got a little crazier. He went back over the notes from a few other cases and he discovered that a few more bodies had the same internal problem. But it didn't stop there. He went back over all his cases and, regardless of the person's background, all of the people had that same internal problem. The doctor shared his findings in a book which is still the top-selling book of all time.

Do you want to know what the connection was between all of those people? They all had heart problems. You have probably heard the name of the doctor. His name is Jesus. Jesus once pointed out (Mark 7) that all evil thoughts and actions come from within the heart. When someone cuts you off on the highway and your first reaction is NOT to smile and wave, it comes from within the heart. When someone hurts your feelings and you want to hurt them back, it comes from within the heart. When you say something in anger that you immediately want to take back, it comes from within the heart.

That is the problem. So what is the solution? One man said it well, "Create in me a pure heart, O God" (Psalm 51:10). We need new and pure hearts and God is the only one who can create them. This is where the work of God the Holy Spirit comes in. He uses something sharper than a surgeon's scalpel to penetrate and change the heart. The Holy Spirit uses the Word of God. Like a skilled surgeon, the Holy Spirit cuts deeply in order to heal divinely. The Holy Spirit uses that Word of God to teach us that the "blood of Jesus purifies us from all sin" (1 John 1:17). The Holy Spirit uses that Word of God to change the heart so that it beats with faith and hope and love. The Holy Spirit uses the Word of God so that it pours out joy, peace, patience, kindness, and goodness. Thank the Holy Spirit for your new heart!

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